



“Building up the game”

Shefayim, 05.03.2021 – Zoom Meeting

Willi Ruttensteiner MBA



BUILD-UP

בניה מאחור

“I think that all football enthusiasts want to see good combination play, exciting plays in the penalty area and, above all, goals!”

Luis Aragonés



“Positional play is the first and most important element of successful attacking – possession is advantage!”



- Top teams take the initiative and dominate the game.
- The best teams in the world play on average 500 passes per game.
- But ball possession and number of passes does not guarantee victory!



What is “possession play” ?

- **Control the match** – the intention is to keep the ball while you set up your tactical plans or positional attacks, rather than surrender the ball to the opposition.
- The goal is to **move the opponent**, either to create space for a pass or to expose a tactical weakness to exploit.
- **Possession is advantage** – you control the match, if your team is comfortable in possession you can also defend by circulating the ball around, but you can also keep possession in order to wait until players are in the correct position to attack.
- But the first thought is always **to play deep or vertical, to run forward or to dribble with the ball** if we can and not to tell our player to pass every time over all options.

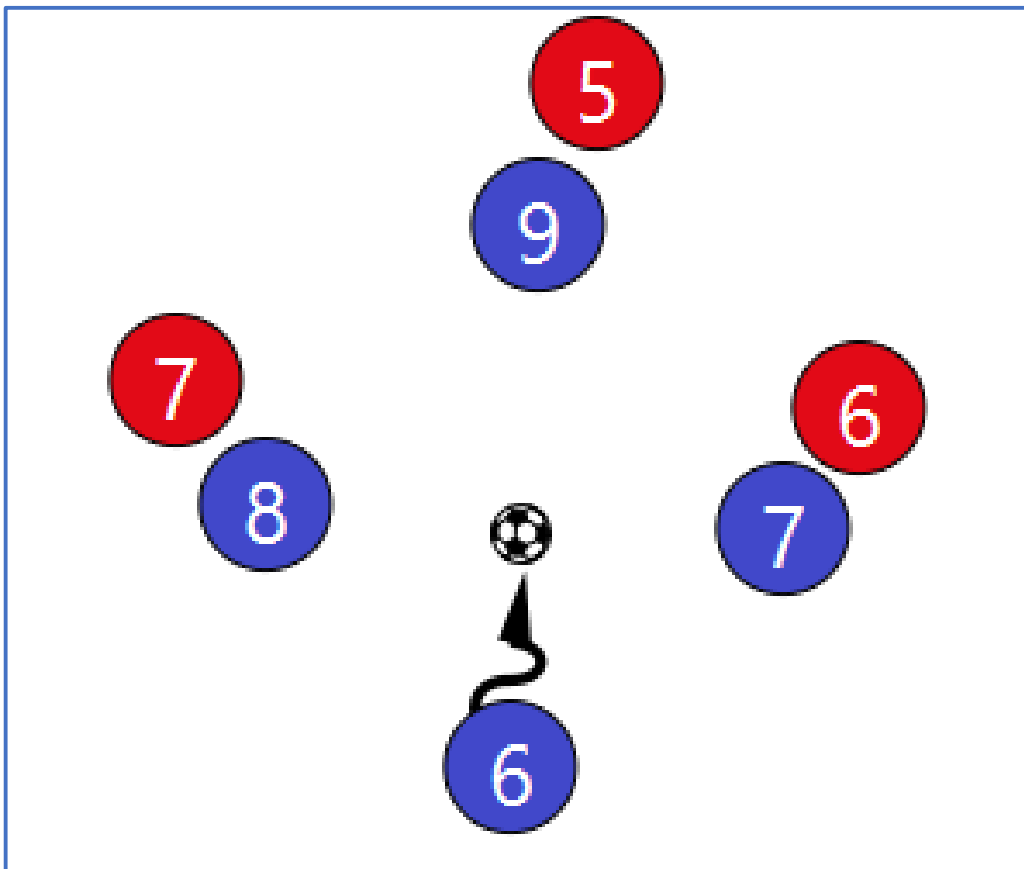


“Building up the game”

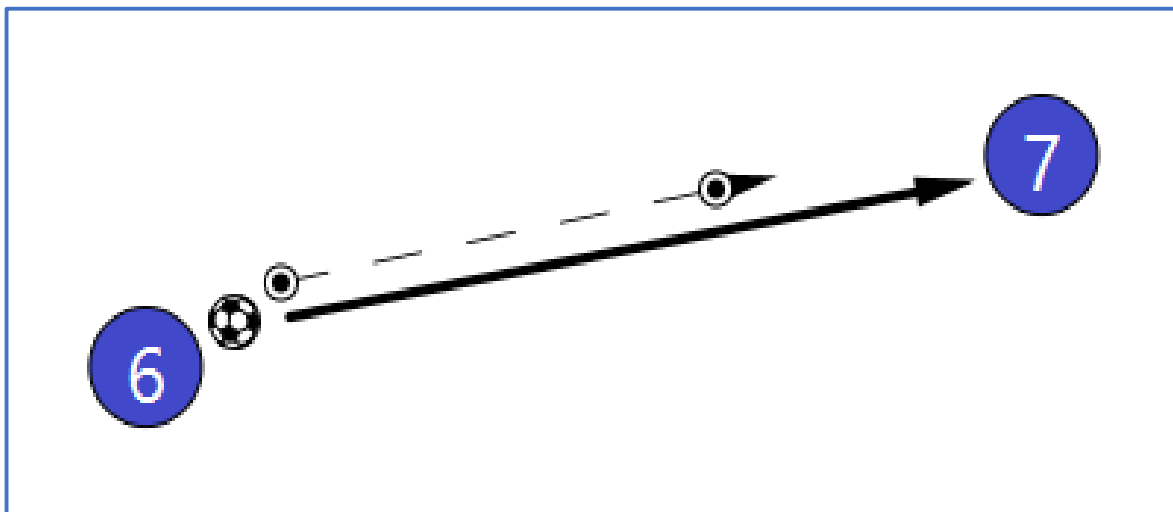
1. BALL SPEED (passing)

2. POSITIONING

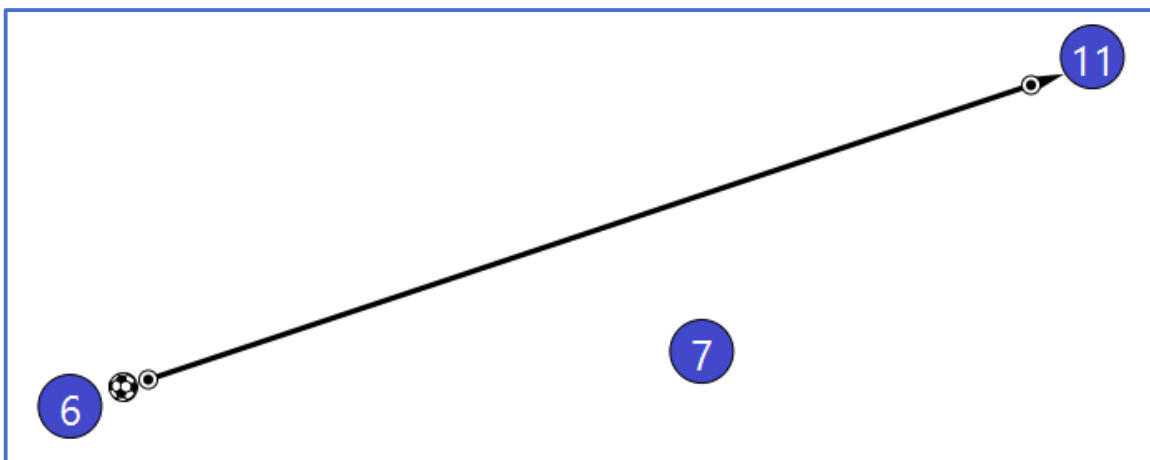
3. MOVEMENT (3rd player)



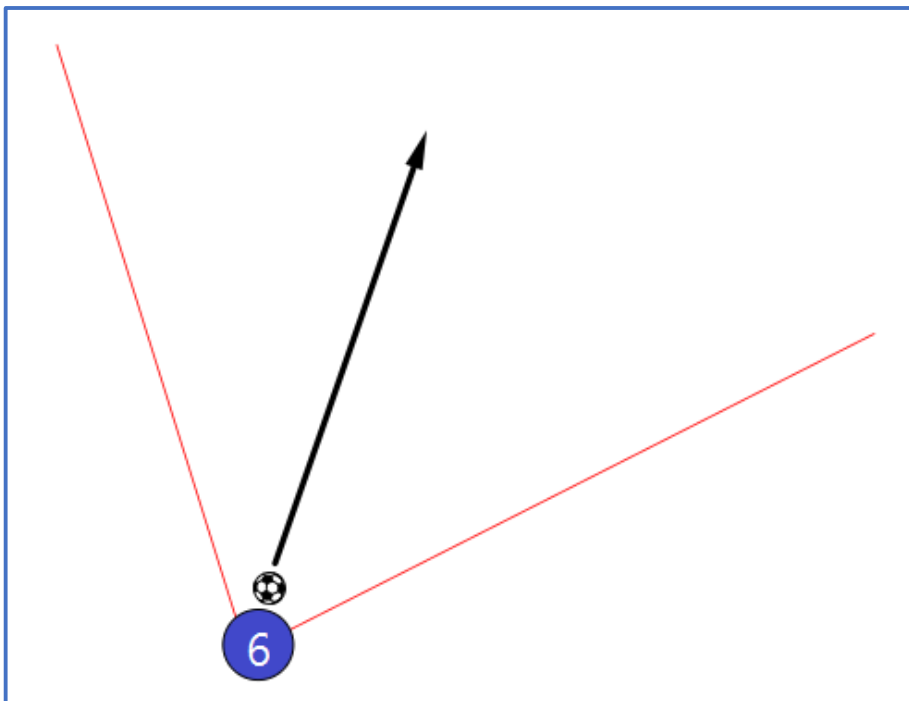
*“Do not get too close to
your teammate,
your teammate needs time
and space!”*



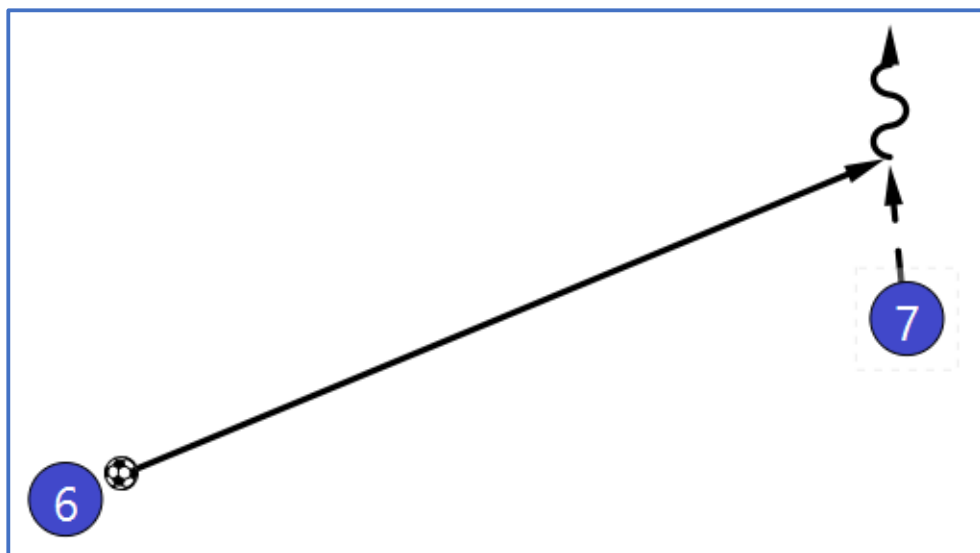
*“Don’t follow your own pass,
open space with your runs!”*



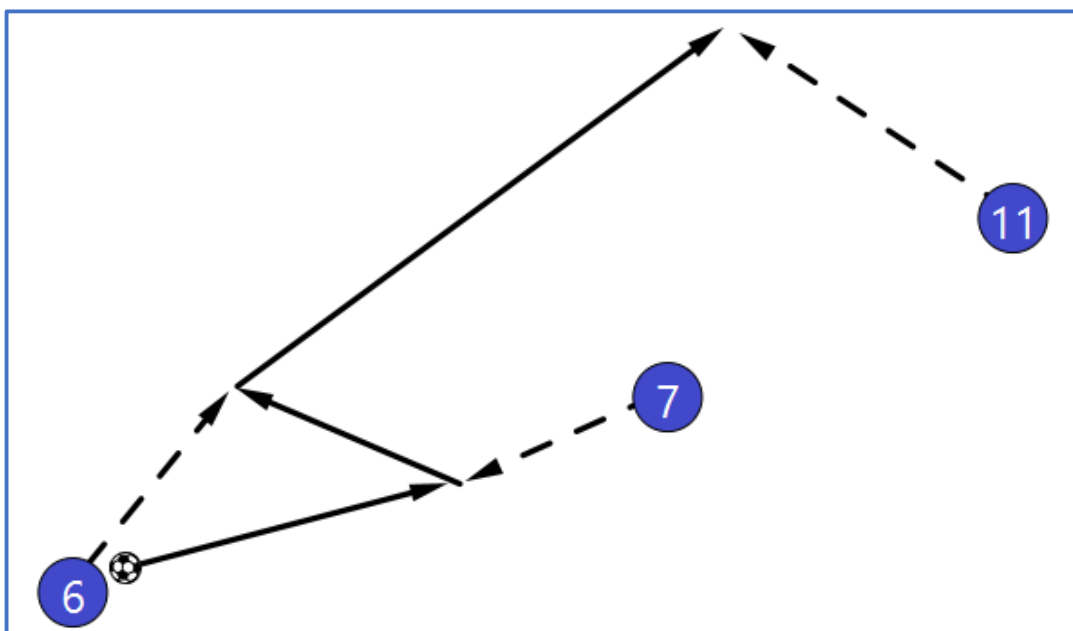
*“Avoid the shortest pass,
this complicates the
pressing of the opponent!”*



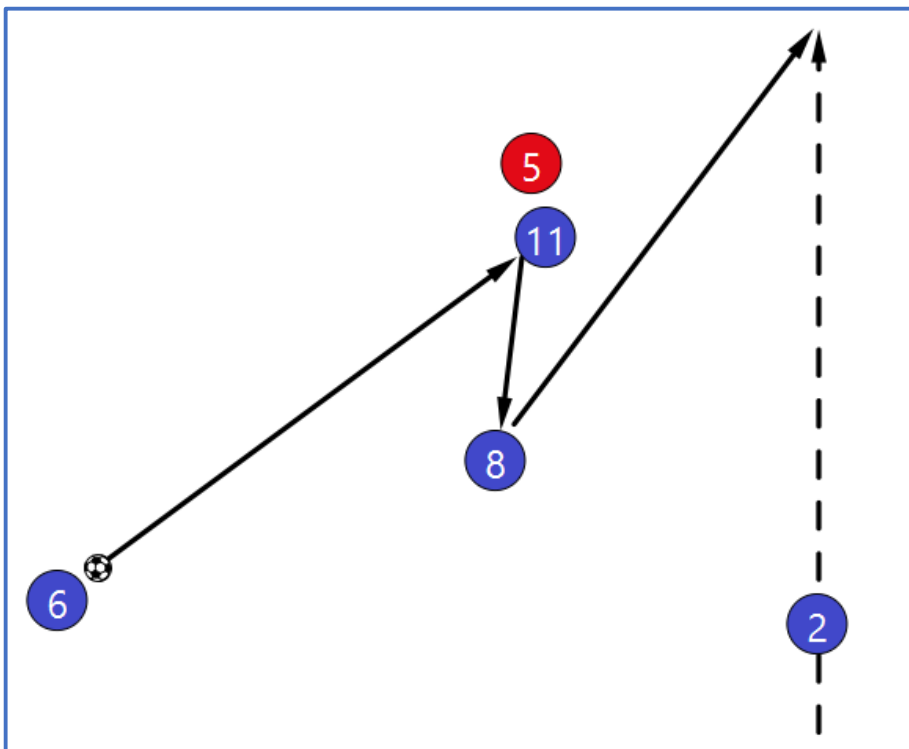
“Play simple and only what you see!”



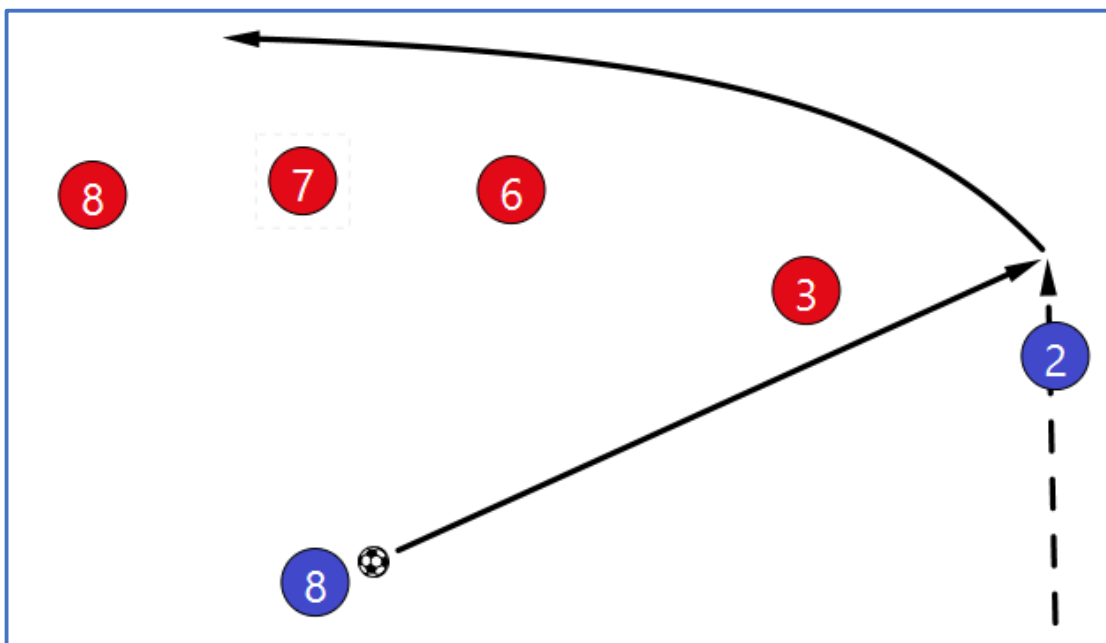
“High quality passing is time-saving for your teammate and opens more possibilities!”



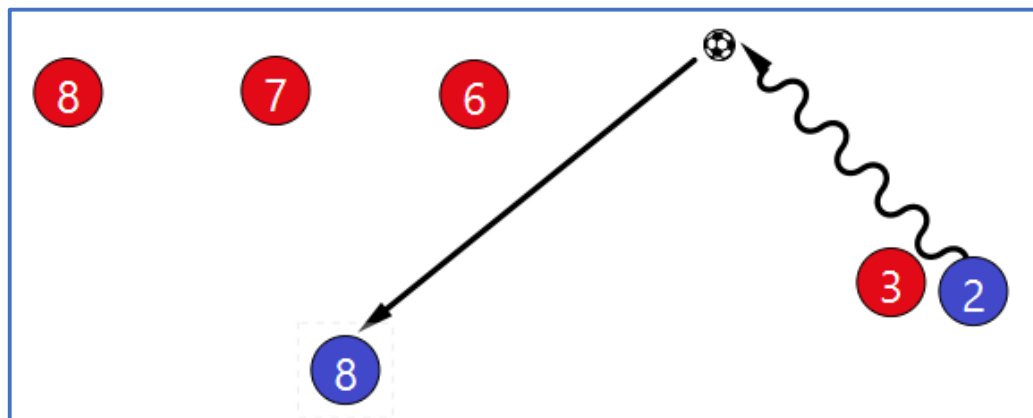
“Timing between players!”



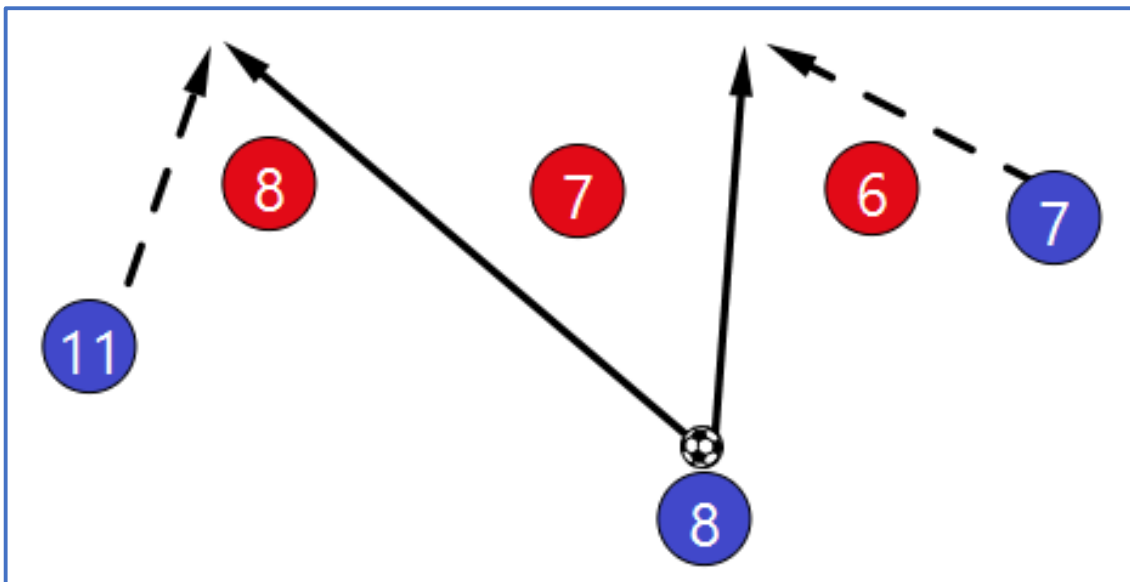
*“Involvement of players
from back positions!”*



“Passes into interception points of defense (splitting passes) and into the back of defense from half position!”



“Variable combination via wings – crosses at full speed – cut backs!”



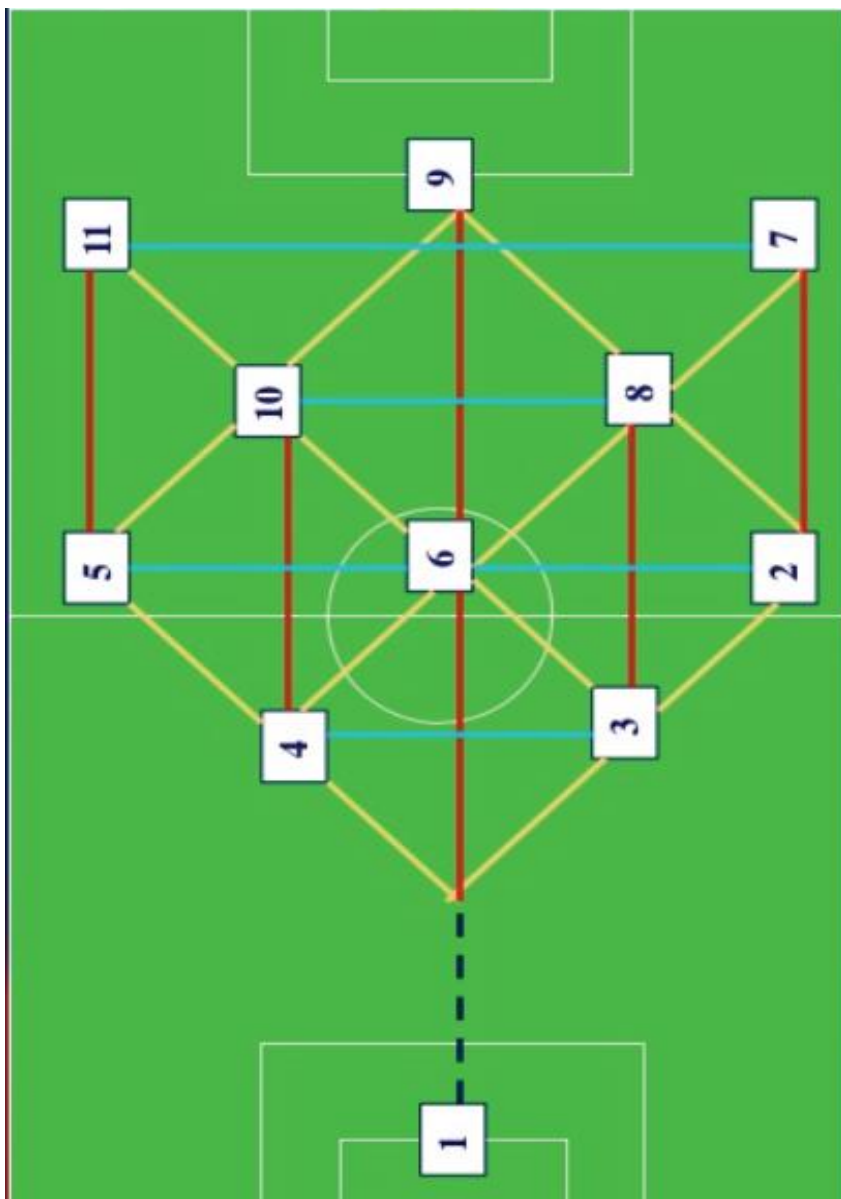
“Vertical ball – diagonal run!”

“Diagonal ball – vertical run!”

“Diagonal ball – diagonal run!”



*“Individual actions and dribbling –
determination in 1vs1!”*





“ If you touch the ball once you’re playing very well; if you touch it three times you’re playing very badly!”
Johan Cruyff



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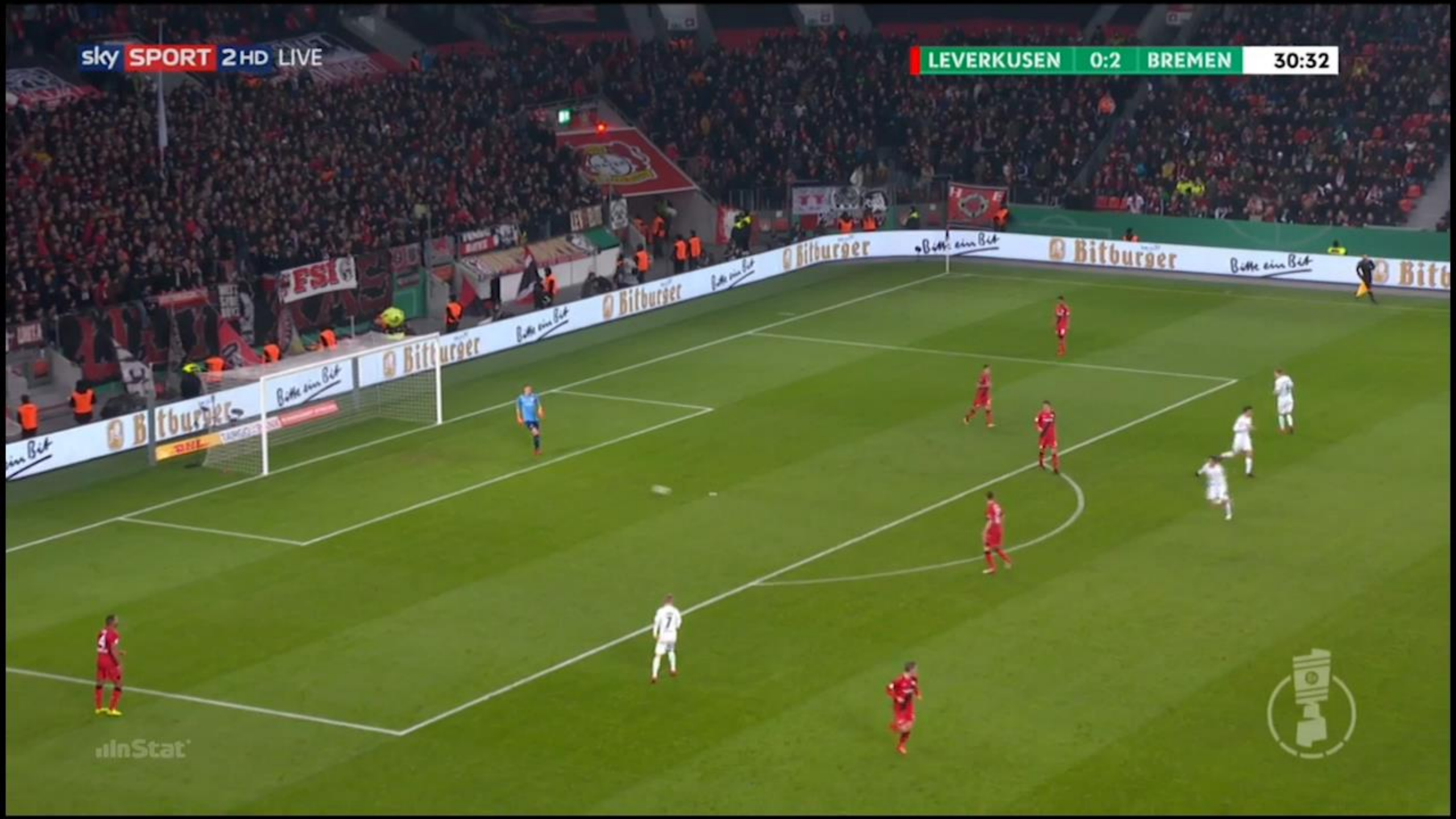
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Here is a quote from Pep Guardiola about possession at Barcelona:



“What I learned here is everything starts with the ball and ends with the ball. Sometimes we forget that it’s a game of 11v11 with ONE ball. We try to keep this ball, we try to play with the ball; we try to make everything with the ball. This is what we learn when we start as boy here.”

Rondos



Pep Guardiola

“Rondo’s are an integral part of a successfully training methodology for a quality possession play!”

Rondos

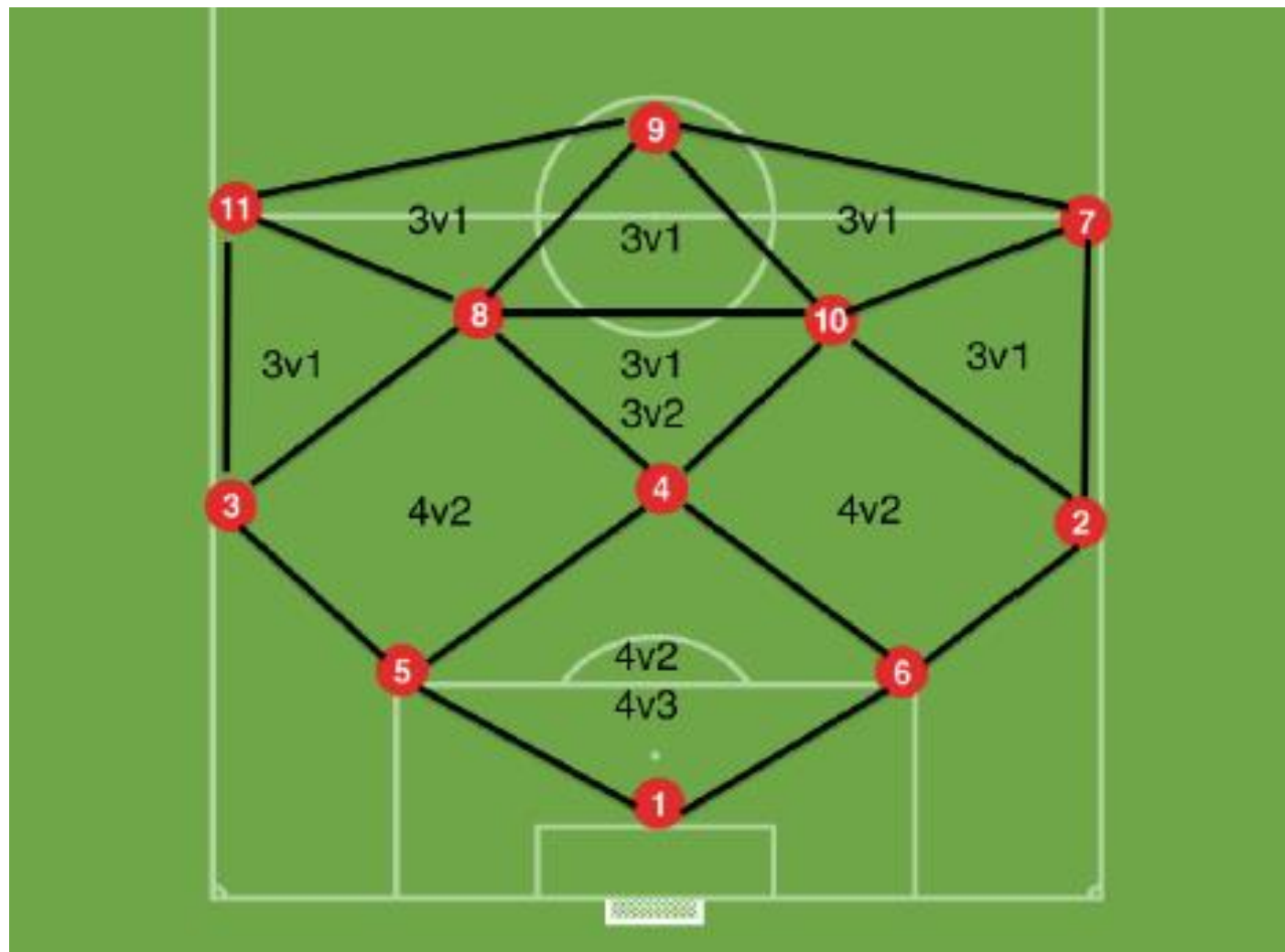
*“In a small space a player has to be able to act quickly.
A good player who needs too much time can suddenly
become a bad player!”*

*“If you want to play quicker you can run faster,
but the ball decides the speed of the game!”*



Johan Cruyff

Rondos







“What are Rondos?”

- *“Rondo’s are an integral part of a successfully training methodology for a quality possession play!”*
- Rondos are usually set up in a grid of varying size depending on the skill level of the players or the aspect of play you want to work on.
- The team in possession usually having numerical superiority either though given number of players or with the use of neutral players (jokers). There are always players “in the middle”.
- Set up rondos means to work on technical aspects but also on many tactical and positional aspects of your playing style. The clever combination brings you great efforts, but the relevance to the game must always exist.
- When we play rondos the pitch size must be adapted to the quality of the players and the technical/tactical content. Playing short passes (10 yards and less) and distances allow the players to press immediately after losing ball.

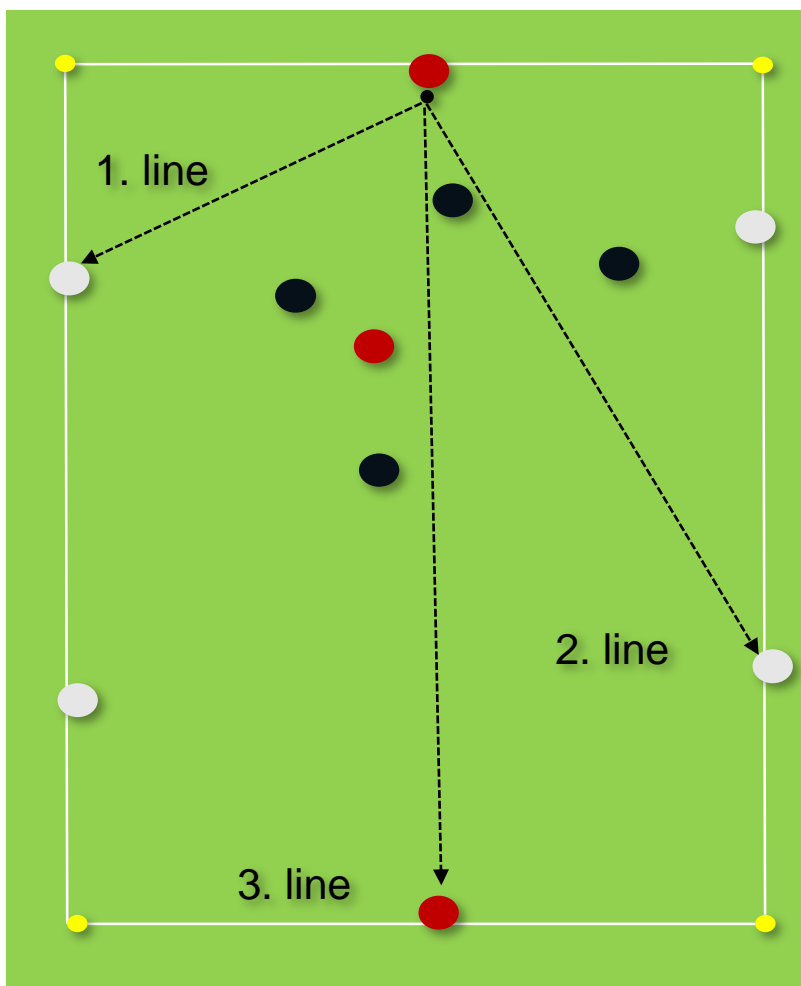


“Building up the game”

“What are technical/tactical advantages and improvements player can achieve when using Rondos?”

- Rondos help to create realistic football situations with **one or two touches**
- The majority of passes in a game is usually under 12 yards; using rondos gives your player a lot of practice playing passes at this distance under pressure – **short passing**
- **Ball control and first touch** (first touch away from a player)
- Rondos help players to understand when to play quickly and when to slow down depending on game situation – **change of rhythm and tempo**
- Rondos help players with the understanding of **passing lines** and how to move to give a teammate a free passing lane through **constant movement**.
- Using rondos in training help players to **understand and recognize when, where and how to overload** an area to retain possession or expose a weakness in the opposition to attack.
- **Improvisation**
- **Habit through repetition** (one or two touches, movements to open up passing lines for their teammate. Through the contact repetition these things become habit).

Rondo 4vs4 + 3 jokers (build up)



- **4 (2D, 2W) vs 4 (2D, 2M) + 3 jokers (GK, MF & F)**
- Free or two touches
- Offense:
 - Create space
 - Open passing line
 - Passes to break lines
 - Third man
 - Different heights
- Defense:
 - Fast transition
 - Closing passing lines
 - Cover
 - Tackle
 - Closing space



LIVERPOOL
FOOTBALL CLUB
EST. 1892

POSITIONAL PLAY JUEGO DE POSICIÓN 4vs4+3



FUTI
FOOTBALL







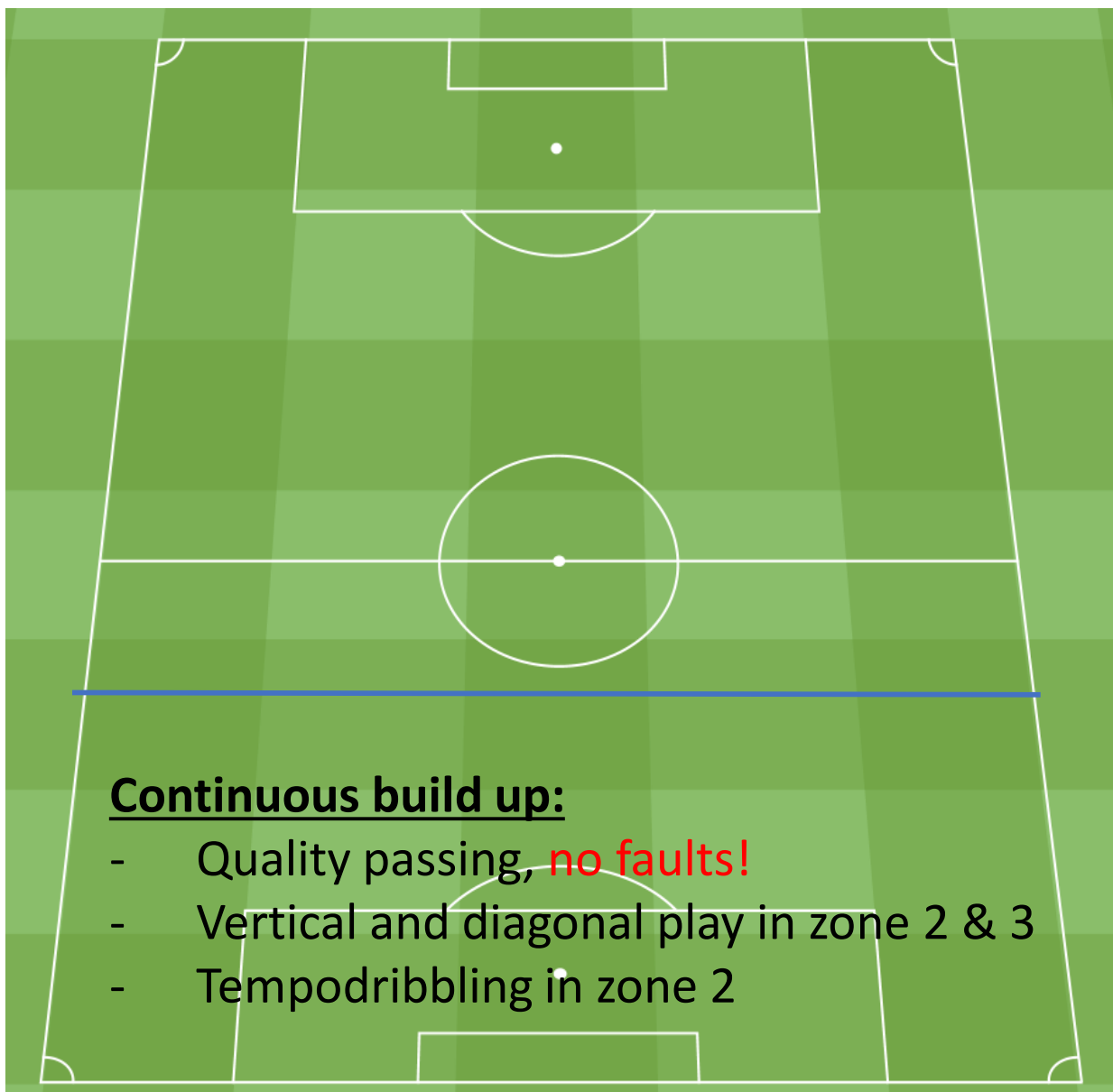


*“Build up means,
controlling the game!”*

Zone 1

Continuous build up:

- Quality passing, **no faults!**
- Vertical and diagonal play in zone 2 & 3
- Tempodribbling in zone 2



Build up
zone 1



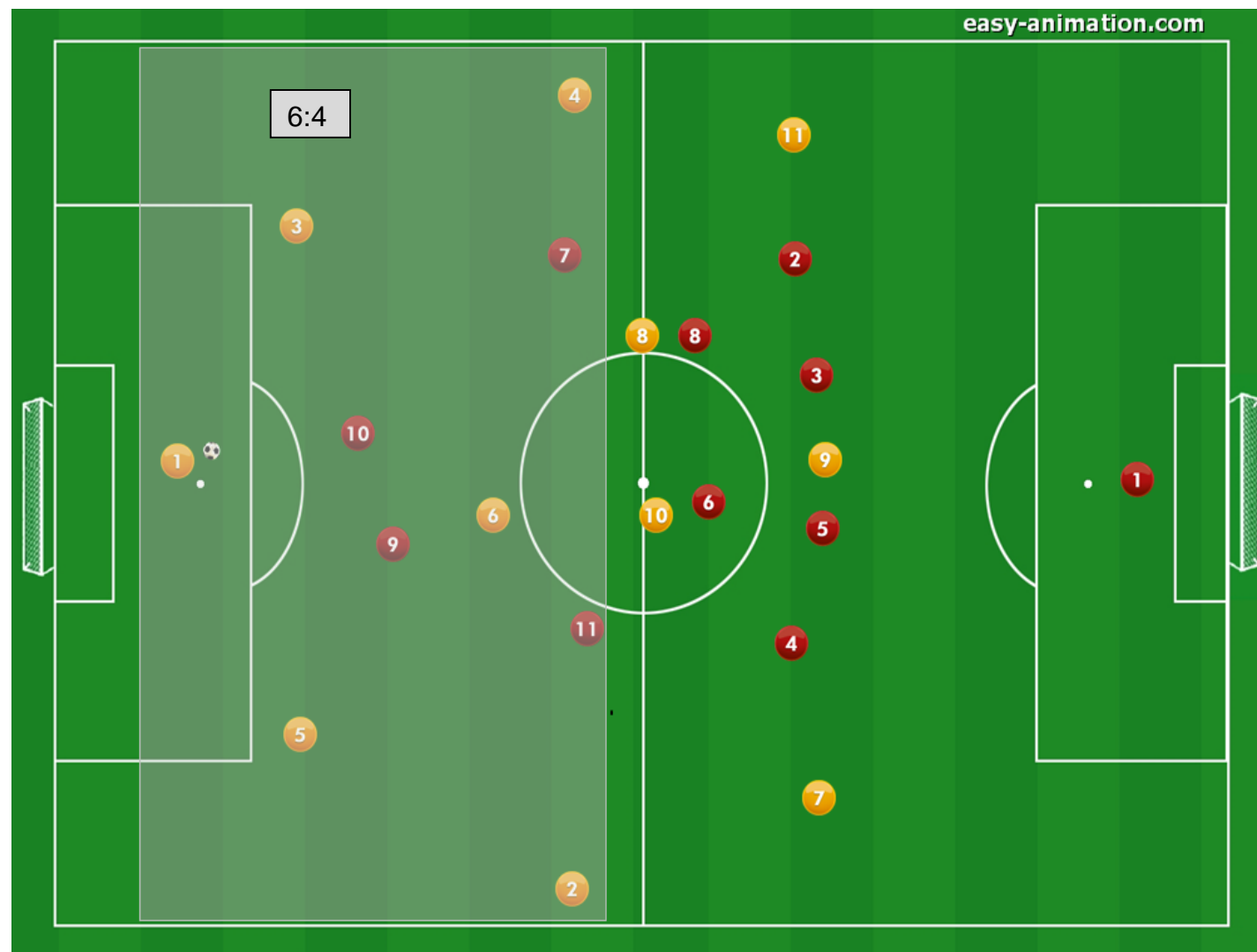
“Depth and width – the opponent must defend a larger space!”



Build up
zone 1

Build up zone 1:

***“Build up means,
controlling the game!”***



54:17 | AJX 1 | 1 JUV

UEFA



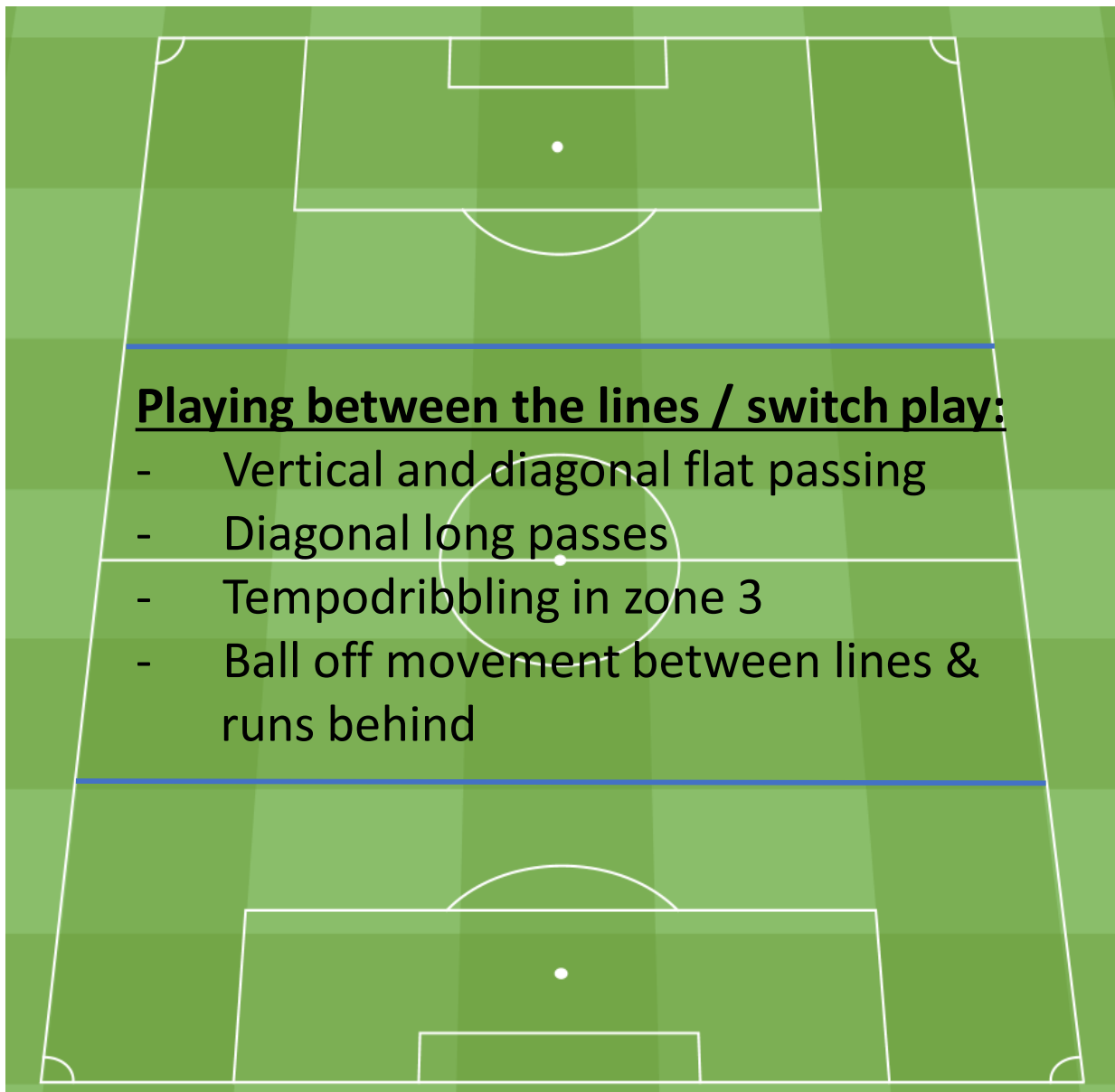


***“Build up means,
controlling the game!”***

Zone 2

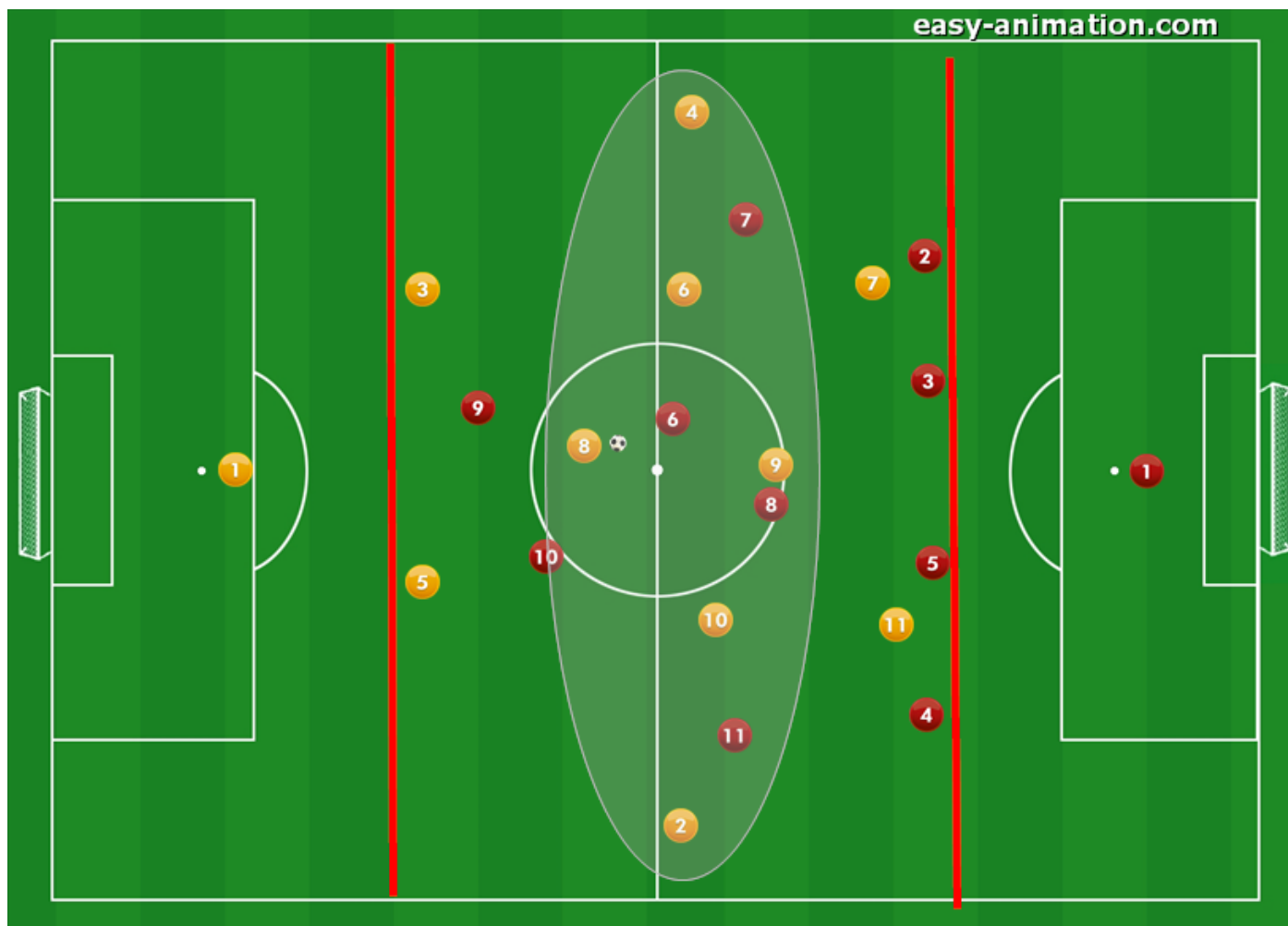
Playing between the lines / switch play:

- Vertical and diagonal flat passing
- Diagonal long passes
- Tempodribbling in zone 3
- Ball off movement between lines & runs behind



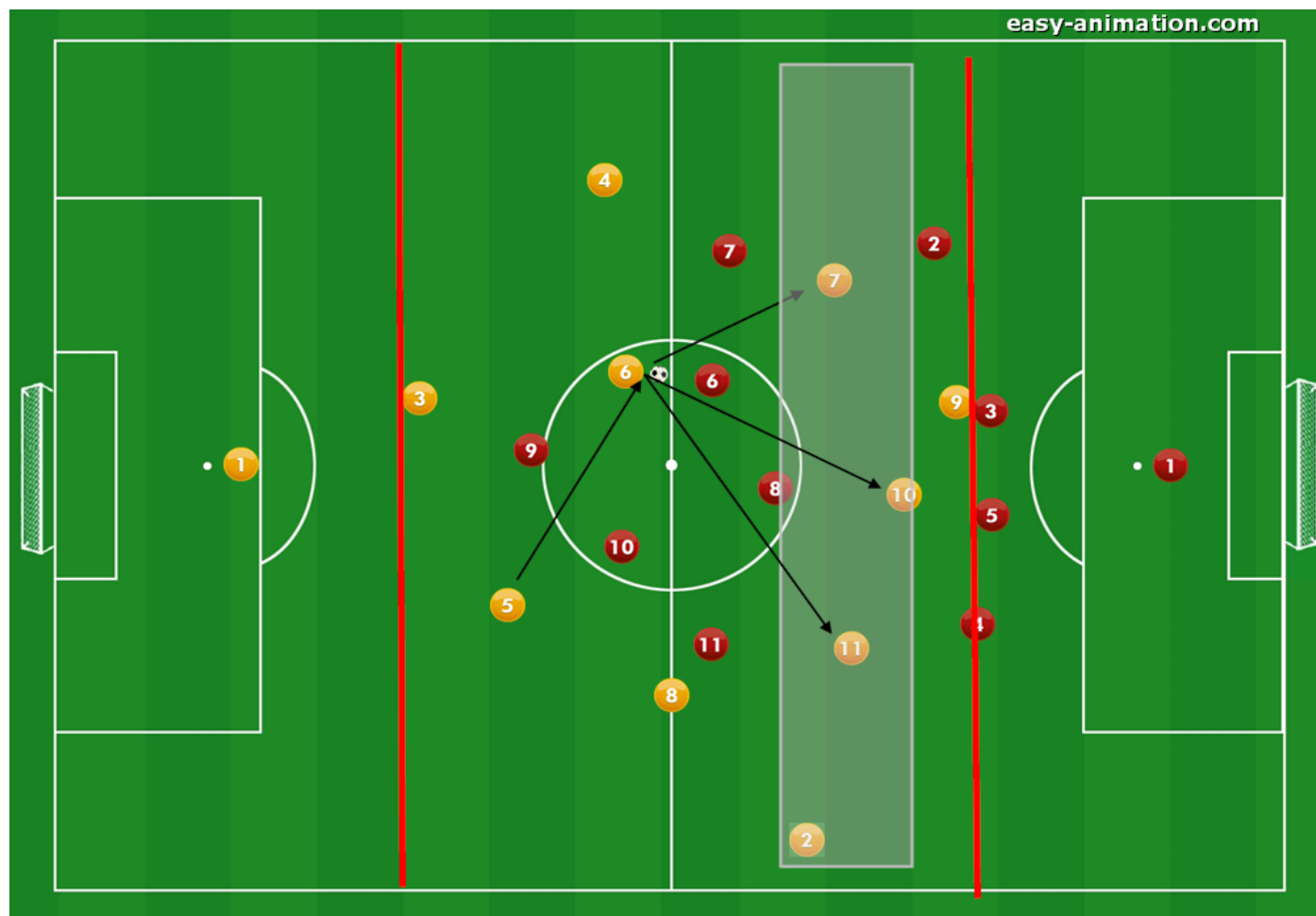
Build up zone 2:

Numerical advantage



Build up zone 2:

Playing between lines



Zone 3



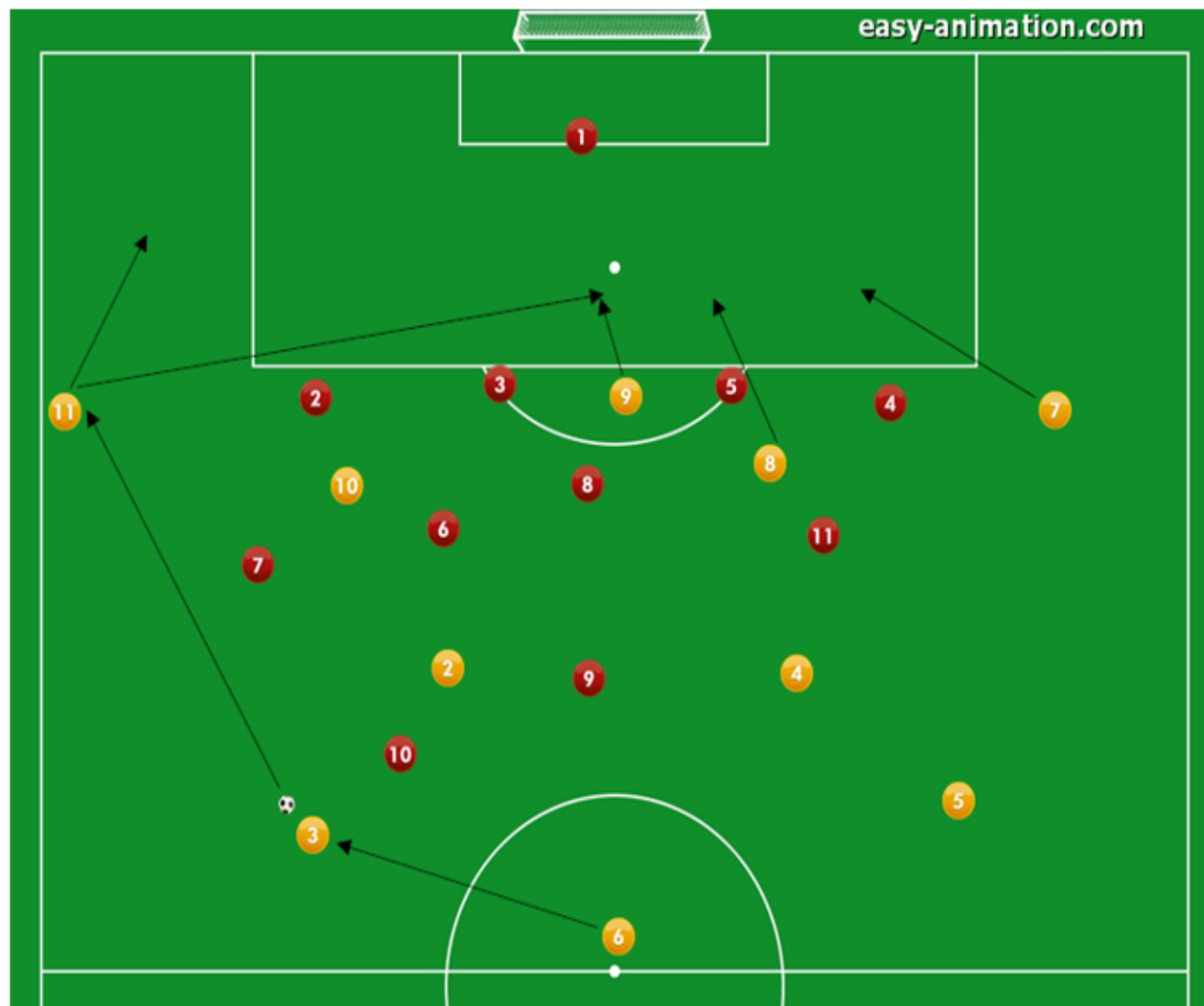
Possession play –
zone 3



“Depth and width – the opponent must defend a larger space!”



Possession play – zone 3



Build up zone 3:



Consequent Finishing:

- In zone 3 we search the direct way to the goal!
- We search and win 1:1 situations and one-two's!
- We come with as many players as possible into the box!
- Tempo dribbling in the box, shots and headers on target!
 - We score!

UEFA

Heineken

Enjo

Heineken

Heineken

Heineken



LEWANDOWSKI 36' 51'
ROBBEN 13' 30'

BAYERN

4 | 1

BENFICA



75:46

GEDSON FERNANDES 46'

PS4

"Thank you !"

